## FOOD BIOCHEMISTRY

(IInd Year of study, III<sup>rd</sup> Semester)

Credit value (ECTS) 4

### **Course category**

Specialized (Imposed)

#### **Course holder:**

Prof. Dr. Lucia Carmen TRINCĂ

## Discipline objectives (course and practical works)

The aim of the course is to have students acquire the basic knowledge of the main transformations suffered by the biochemical components during food processing & storage as well as the main metabolic reactions of food components in human organism.

Practical works seek to familiarize students with technical work in food biochemistry laboratories and formation of practical skills necessary for the laboratory investigation of the main components of food substrates & biological fluids.

## **Contents (syllabus)**

# **Course (chapters/subchapters)**

The subject, history and importance of food biochemistry

The main biochemical processes of food substrates containing predominantly glucids (vegetables, fruits, sugar, honey bee, bread, pasta ) during processing and storage. General metabolic (anabolic and catabolic) processes of glucids in the body. The metabolism of the main mono-, di- and poli- food's glucids.

The main biochemical processes of food substrates containing predominantly lipids (fats,oils) during storage. General metabolic (anabolic and catabolic) processes of lipids in the body. The metabolism of the main food's lipids.

The main biochemical processes of food substrates containing predominantly proteins (fats,oils) during storage. General metabolic (anabolic and catabolic) processes of proteins in the body corresponding to deamination reactions, decarboxylation and transamination of alfa-amino acids. Metabolic processes of the main food proteins, peptides and amino acids.

#### **Practical works**

Presentation of the laboratory. Getting safety rules.

Freshness checking of the food substrates / products containing predominantly glucids and their derivatives (vegetables, fruits, sugar, honey-bee, bread, pasta).

Determination of glucose concentration in the food substrates &biological fluids.

Freshness checking of the food substrates / products containing predominantly lipids and their derivatives (fats and oils).

Determination of TAG/ Cholesterol concentration in the food substrates & biological fluids.

Freshness checking of the food substrates / products containing predominantly proteins and their derivatives (meet, fish, eggs, milk).

Determination of total proteins concentration in the food substrates & biological fluids.

# **Bibliography**

- 1. S. Nielsen Food Analysis, Plenum Press, 2003, 557pag
- 2. Specific Standards & Analysis Methods for Food Substrates

# **Evaluation**

Evaluation form	Evaluation Methods	Percentage of the final grade
Examen	Writing Examen	60%
Ongoing Evaluation	Test	20%
Presence Course+ Laboratory	Others	10%
Laboratory Activity	Practical evaluation	10%

## **Contact**

# Prof. dr. Lucia Carmen TRINCA

Departament Stiinte Exacte- IULS Iasi Aleea Mihail Sadoveanu nr. 3, Iaşi, 700490, România

telefon: 0040 232 407547, e-mail: lctrinca@uaiasi.ro